

Sarah Richards



Sarah Richards advocates for creativity and believes that it can positively impact people and society as a whole. She champions those who create and use art and expression to inspire others.

Sarah is a musician, songwriter, and book writer. The inspiration for her children's book, "The Brighter Side of Life," was found when she was working at an after-school club in the small farming community of Strathmore, Alberta, where she resides.

She has three children and has worked with children since she was old enough to babysit. Sarah hopes that through stories like this one, she can help people struggling to have an attitude of gratitude.