



Shelley Boyes is a wife, mother, grandmother (to seven), author and speaker. She lives in a rural setting in Southeast Saskatchewan where she and her husband, Shane, raise registered Quarter Horses.

Early in her life, Shelley earned a Bachelor's Degree in Psychology and went on to become a teacher. More recently, she completed a Master's Degree in Public Administration as well as Certification in Christian Counselling and Life Coaching.

In 2012, Shelley founded Choose Life Ministry, a program designed to provide hope and healing for young women battling "life controlling" issues. Choose Life Ministry seeks to help women find freedom from depression, anxiety, eating disorders, drug and alcohol abuse, and self-harm.

Shelley has a passion for helping others thrive. Her desire is to see people walk in the calling they were created for and to live a life of freedom and abundance.

When she isn't actively involved in ministry, you can find her pursuing one of her hobbies, which includes reading, walking, writing, puzzles, curling, travelling and cooking.